

Co Dependence Healing The Human Condition

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of all the books on the often misunderstood concept of co dependence this is probably the clearest most complete and informative charles whitfield is a frontline clinician who has been assisting co dependents in their healing for over twenty years he has researched the literature on co dependence which he summarizes in this widely read book he sees co dependence as a way to more accurately describe the painful and confusing part of the human condition in careful detail he describes just what co dependence is and what it is not how it comes about and how to heal its painful aftereffects

discusses nutritional therapy for the treatment of addiction to sugar alcohol nicotine designer drugs hallucinogens marijuana stimulants depressants opiates steroids food addictions

vol 7 contains the record of the philadelphia county medical society for 1898

lists videocassettes films slides tapes and microcomputer cai programs for patient education

this excellent book offers hope to millions of people caught in the vortex of addiction to alcohol or some

other form of prescription or non prescription drugs it provides steps that must be taken to overcome dependency why total family wellness is essential to long range recovery and what friends loved ones and the church should do to help the dependent person

this revised step by step book provides treatment planning guidelines and an array of prewritten treatment plan components for child behavioral and psychological problems including anger management chemical dependence depression financial stress low self esteem and obsessive compulsive disorder ocd

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